

Mental Health First Aid

For Fire/EMS Personnel

A Certification Course

Date: March 21st, 2020

Time: 8am-5:30pm

Where: 2112 Main Street, Glastonbury CT

The building behind the police station

You MUST attend all 8 hours to be certified.

Breakfast and lunch will be offered. Training day includes a morning, lunch, and afternoon break.

**This training is being offered through
Hartford Hospital**

**Fee: \$30 per person, please bring payment
to class**

To register:

Email Scott Thompson

**scott.thompson@gvaa.org with “Mental
Health First Aid” as the subject line and
your anticipated date of EMS training
completion.**

**Registration is open from now until Wednesday,
March 14th, 2020**

**Institute
of Living**
A Division of Hartford Hospital



**A person you know could be experiencing
a mental health or substance use
problem.**

Learn an action plan to help.

**You are more likely to encounter
someone in an emotional or mental crisis
than someone having a heart attack.
Learn how to help a friend, family
member, coworker or neighbor in need.**

Get trained in Mental Health First Aid.

*** LIMITED TO 30 ATTENDEES ***